

# Popcorn Panic 5M/5K Overall Winners Announced

**Valparaiso, IN – [September 9, 2024]** – Valpo Parks is excited to announce the overall winners of the 2024 Popcorn Panic 5M and 5K races. This year's event was a resounding success, drawing over 1,400 runners to compete.

“This year's Popcorn Panic was heightened by the return of the iconic course, featuring the grueling Harrison Hill. The hill's challenge, combined with the event's overall enhancements, created a noticeable buzz among runners as they lined up at the start,” said Kevin Nuppnau, Valpo Parks Director.

Valpo Parks extends its sincere congratulations to all the winners and participants – runners and walkers alike – who made the 2024 Popcorn Panic a truly special event. A special thank you goes out to the dedicated volunteers and generous sponsors who played a vital role in making the race a success.

## **2024 Popcorn Panic 5M Winners:**

- **Overall Male:** Jimmy Dillabaugh, Valparaiso, IN (Time: 26:24)
- **Overall Female:** Maranda Donahue, Delton, MI (Time: 30:14)

## **2024 Popcorn Panic 5K Winners:**

- **Overall Male:** Ethan Walden, Rolling Prairie, IN (Time: 17:15)
- **Overall Female:** Lisa Micka, Portage, IN (Time: 21:45)

“The Popcorn Panic is more than just a competition; it's a celebration of our community's spirit and commitment to health and wellness,” Nuppnau stated. “We're thrilled to witness the continued enthusiasm and growth of this beloved event, which is a testament to the hard work of our team and the unwavering support from residents and visitors alike.”

For the complete race results, please visit <https://runsignup.com/Races> and type in “Popcorn Panic.”

## **About Valpo Parks**

Valpo Parks is dedicated to enriching the Valparaiso community by designing meaningful spaces, fostering impactful experiences, and promoting healthy lifestyles.

## **Contact:**

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